

SAS Patient Instruction Sheet



You will be receiving intravenous medications during your operative procedure. It is therefore very important that you adhere to the following instructions. If there are any questions, please don't hesitate to call for further instructions: (316) 788-5939.

It is essential for your safety that you strictly adhere to the following policies. Failure to do so will result in cancellation of surgery and can put you in danger of severe lung injury or death.

- 1) No food for **eight (8) hours** prior to your arrival at the office:
 - No solid food of any kind
 - No milk, cheese, yogurt, or ice cream
 - No candy, including vitamins
 - No chewing gum or mints
 - No products containing protein and/or milk products, even if they appear clear
 - No orange juice
- 2) **Clear** liquids are allowed up to **three (3) hours** prior to arrival time. Approved liquids are:
 - Water
 - Gatorade or clear sports drinks
 - Sprite
 - Jello with NO fruit or cream
 - Black coffee
- 3) Do NOT brush teeth, as you may swallow water and/or toothpaste, resulting in cancellation.
- 4) Wear comfortable clothing, preferably a shirt or blouse with short sleeves. It is suggested you wear an adult *Depends*/brief or bring a change of clothing as a precaution for possible bladder leakage, as sometimes occurs with sedation.
- 5) If you have a prescription for breathing treatments, please bring this inhaler the day of the procedure.
- 6) Arrange for transportation from surgeon's office to your home.
- 7) After your surgery, wait until the next day before engaging in any activity in which a decrease in alertness, judgement, or coordination could cause a problem (including driving).
- 8) After surgery, you may take pain medication as directed by the surgeon. However, avoid alcohol post-operatively for 24 hours.
- 9) Arrange for adult assistance for at least 12 hours after surgery.

I have read the above instructions, they are clear to me, and I agree to comply:

Patient Name

Signature of Patient or Responsible Party

Please fax or send completed forms to our office as soon as possible prior to the date of service. Your cooperation will enhance the safety of this procedure and is appreciated. Fax to (316) 788-5945.