



Special Anesthesia Services

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### **Pediatric Patient Instruction Sheet**

Your child will be receiving IV medications during his/her operative dental procedure. It is therefore very important that you adhere to the following instructions. If there are any questions, please do not hesitate to call for further instructions: 316-788-5939. It is essential for your child's safety that you strictly adhere to the following policies. Failure to do so, will result in cancellation of the operative procedure and can put your child in danger of severe lung injury or death.

- 1. No food for 8 hours prior to your arrival time:**
  - a. No solid food of any kind, milk, cheese, yogurt, ice cream, juice, or broth
  - b. No candy, gum, mints, or vitamins
  - c. No products containing protein or milk products, even if they appear clear
- 2. Clear liquids are allowed up to 3 hours prior to your arrival time. Approved liquids are:**
  - a. Water, Sprite/7-up/Sierra Mist or Gatorade of any color or flavor
  - b. Plain Jello with NO added fruit, no vegetables, and no whipped cream
- 3. Nothing is to go in the patient's mouth in the 3-hour window directly before his/her procedure.**
  - a. No gum, candy, mints, vitamins, or sips of water
- 4. Do NOT brush the child's teeth on the morning of the appointment, the child may swallow water or toothpaste and this will result in cancellation.**
- 5. Do NOT send your child to school, daycare, or babysitter on the day of the appointment. Children must be monitored by a parent or guardian at all times prior to appointment to verify adherence to above policies. Failure to do so, will result in cancellation of the appointment.**
- 6. If your child has an inhaler or nebulizer, please bring his/her medication with you on the day of the procedure**
- 7. Dress the child in comfortable clothing, preferably a short sleeve shirt. Younger child will occasionally become relaxed enough to lose bladder control. You may want to consider a diaper, pull up, or a change of clothes.**
- 8. Children require extra care during transportation home from their appointment. It is high recommended that two adults accompany the child so the driver do not have to attend the patient in transit home.**
- 9. After your child's dental surgery, wait until the next day before allowing him/her to engage in any activity which a decrease in alertness, judgement, or coordinator could cause a problem.**
- 10. After surgery, your child may take pain medication as directed by the surgeon.**
- 11. Please bring appropriate guardianship paperwork, if necessary. If the child is in foster care, a copy of the Consent to Medical Care form and Placement Agreement will be required.**